Ref: ATH/XC/21

See Distribution 27 Aug 21

**Army Inter Unit Cross Country Relays – 13 Oct 21**

1. The Army Cross-Country Relay Championships will be held at the Tweseldown Race Course, near Aldershot, GU52 8AD on Wed 13 Oct 21 commencing at 1100 hours.

**Competition Details**

2. The following competitions will be contested:

1) U23 Female } **Race 1**. Start 1100 hours

2) Female Senior Teams } Teams of 4 in all competitions.

3) Female Masters Teams (35+) }

4) U23 Male } **Race 2**. Start 1330 hours.

5) Male Senior Teams } Teams of 4 in all competitions.

6) Male Masters Teams (40+) }

All category qualifications are based on Date of Birth on day of the race. Units can enter more than one team in each category.

3. The course will be approximately 3 miles over undulating sandy tracks and heath land. Each competitor will cover the same course as a team relay, handing over by baton.

**Walking the Course**

4. Competitors may walk the course from 0900 hours on the day.

**Results**

5. EMIT-UK will be providing the electronic timing and producing the results. All results will be live on the EMIT-UK website [www.race-results.info](http://www.race-results.info), Electronic chips will be on the baton which needs to be handed over at the end of each completed 3 mile circuit.

**Prizes**

6. Army Athletics Association medals will be awarded in each of the above categories as follows:

1st Placed Team - Minimum of 4 competing teams in a category.

2nd Placed Team - Minimum of 4 competing teams in a category.

**Entries**

7. Teams wishing to enter should complete the entry form at [Annex](#AnnexD) A and forward it, to Mrs Claire Murton **no later than Fri 8 Oct 21**. Team captains are to register their athletes via the link below and adjustments can be made up to the day before race day. Adjustments after that time should be completed via the race day organisers.

<https://racesignup.co.uk/site/event.php?eventid=2284> The passcode is IU21

Team Captains will need the following information to register their athletes:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Rank | Name | Inits | DOB | Age on Day |

**Accommodation**

8. Units requiring accommodation in Aldershot are responsible for making their own arrangements, including respective messes, by contacting the Aldershot Accommodation Booking Centre on 01252 319740 or email at [defence.bookings@sodexo.com](mailto:defence.bookings@sodexo.com). Accommodation in Aldershot is scarce and is allocated on a first come, first served policy, so early booking is advised.

**Travel**

9. This letter is the authority for the individuals to travel at public expense to

this approved AAA competition, in accordance with JSP660 and **2019DIN10-025**. All travel arrangements are to be by the cheapest and most economical means and coordinated so as individuals travelling from the same or near unit locations travel together. Subsistence allowance claims are not admissible for sports and no claims for subsistence allowance should be made for this event.

**Pre Race Briefing**

10. Team Captains are to report to the Organising Secretary at Tweseldown, by 1000 on Wed 13 Oct 21 for **Race 1** and by 1230 for **Race 2** for a final briefing and to be issued team numbers. Running order and numbers submitted on team lists will remain extant.

**Medical**

11. A first aid kit for minor injuries will be available at the Course and the organisor is pitchside first aid qualified. For serious injuries, casualties 999 will be called. Anyone injured on the day is to complete an AF510 Incident/Accident Reports and submit to the Secretary Army Athletics.

12. **COVID-19**.Whist the restrictions on gatherings and facemask wearing have been relaxed, all participants should ensure they followthe current Direction & Guidance in accordance with the New Covid 19 Force Health Protection Instruction, ASCB and Government advice at all times:

* 1. **Force Health Protection**. All athletes are to fully comply with Army (FHP) measures. Any unit specific or local rules are also to be adhered to. Particular attention should be paid to:

(1) Individuals should not travel if they or any of their household members are showing coronavirus symptoms or are self-isolating because a household member is showing symptoms.

(2) Where possible teams should restrict interaction to their unit bubbles and ensure that they are following the guidance to wash hands regularly.

(3) Army Athletics recommend that all those attending take a Covid 19 Lateral Flow test within 48 hours of the event and only attend if the test is negative.

**Publicity**

13. Bdes PD Branches are requested to distribute the details of this event to units within their AOR and give this event the widest publicity.

**Photography/Personal Data**

14. During the event imagery (photographs, audio/videos, films) may be taken in order to publicise/advertise the activities of the Army Athletics Association through commercial, editorial, public relations, recruitment, on-line media and/or any other use that is not defamatory, libellous or otherwise unlawful. Individuals should be aware that they would have no claim of ownership of the imagery/audio and that they will not receive remuneration for its usage now, nor in the future and that the imagery/audio may be cropped, modified or altered, without stating an objection. Individuals that do not consent to the above are to make that fact known to the event organiser who will ensure that their image is not captured or used.

15. Personal date will be collected for this event in line with the Army Athletics Privacy Policy and will only be retained for 30 days after the event.

16. The results,image(s) and/or recording(s) will be stored securely in appropriate file formats on servers belonging to the ASCB and/or its authorised agents. Results and Images will be retained indefinitely for ASCB historical records.

17. You have the right to request any image or personal information relating to you removed at any time and this can be removed by contacting [media@ascb.uk.com](mailto:%20media@ascb.uk.com) or the undersigned.

**Your Rights**

18. You have the right to request to see a copy of the information we hold about you and to request corrections or deletions of the information that is no longer required. You can ask the ASCB to stop using your images at any time, in which case it will not be used in future publications but may continue to appear in publications already in circulation.

You have the right to lodge a complaint against the ASCB regarding data protection issues with the Information Commissioner’s Office (<https://ico.org.uk/concerns/>).

Maj (Retd) J Killoran

Secretary

Annexes:

A: Army Cross Country Relays Entry Form

Action:

HQ RC Comd – PD Sports SMI ( For DownRep)

Army Athletics- Defence Connect

Army Athletics - Website

Information:

President

Chairman

Soldier Magazine – Richard Long

BFBS - Julian Evans

ANNEX A TO

ATH/XC/21

Dated 27 Aug 21

## The Army Athletics Association

**Army Inter Unit Cross Country Relay Championships**

To: Claire Murton From: Name/Rank:……………………

Army Athletics Association ASCB

Rm G23 Mackenzie Building

Fox Lines

Queens Avenue

Aldershot

GU11 2LB

PLEASE TICK Major Unit ☐ U23 Female ☐

Minor Unit ☐ U23 Male ☐

Female Unit Team ☐ Masters Male ☐

Masters Female ☐

**Unit**:………………………………………………………….

**Team Colours**:…………………………………………

**(Vest)**………………… **(Shorts)** …………

**Sign**:……………………………………………………

**Print**:……………………………………………………

**Tel**:……………………………………………………..

**E-mail**:………………………………………………….

**Date**:……………………………………………………

Dated:………………………….. Tel No:………………………………………..

To be returned to Mrs Claire Murton no later than **Fri 8 Oct 2021.**