Ref: ATH/10KM/19

See Distribution: 25 Jul 19

## ARMY UNIT AND INDIVIDUAL10KM ROAD RACE CHAMPIONSHIPS 2019

**GENERAL**

1. The Army 10Km Championships (Inter Unit Team and Individuals) will be held will be held at the MOD Lyneham, by kind permission of the DSEME Commandant Col ERB Heal OBE, at 1330 on Wed 25 Sep 19.  The event will be organised by the AAA Secretary and the MOD Lyneham Garrison Support Unit.

**ELIGIBILITY**

2. The Army Championships is open to all serving members of the Regular Army (Men & Women) and Reserve Forces. There will be no separate Reserve forces competition or prizes held within this event. All Reserve forces entries will be entered under the Army Championships in line with the one Army concept.

3. There will be one race in which the following events will be contested:

* + 1. Army Female Inter Unit Team Championships
    2. Army Female U23 Unit Team Championships
    3. Army Female Individual Senior Championships
    4. Army Female Individual Masters Championships
    5. Army Female Individual Under 23 Championships
    6. Army Major Inter Unit Team Championships
    7. Army Minor Inter Unit Team Championships
    8. Army Under 23 Team Championships
    9. Army Male Individual Championships
    10. Army Male Masters Inter Unit Team Championships
    11. Army Male Individual Masters (Male) Championships
    12. Army Male Indivdual Under 23 Championships

# ***NOTES:*** Team Composition: All team competitions consist of 4 competitoors per team.

**ENTRIES**

4. a. Teams wishing to enter are to do by submitting both Annex A by no later than **Fri 20 Sep 19**. Entries after this date will not be accepted. Team Captains who wish to change an individuals name may do so. **Name changes must be completed by no later than 1230 hrs on the day.**

b. Entry fees of £20.00 per team or £5.00 per individual made payable to the ‘ASCB Central Bank’ or by BACS to account no 10529980 sort code 16-19-26 reference 10KM must accompany all entry forms. Entries and team lists will be accepted by fax however, entry fees must be forwarded prior to the closing date.

1. Units may enter more than 1 team but the organisers reserve the right to limit the number of teams entered by a single unit, if necessary. Units with composite teams that include civilian members of staff may compete but will be ineligible for prizes. The event is open to all reserve units. All members of teams must be on the unit strength as at the date of the event.

d. Individual Competitors wishing to enter are to do by submitting both Annex B by no later than **Fri 20 Sep 19**. Entries after this date will not be accepted.

e. Masters ladies must be 35 or over and men must be 40 or over on the day of the competition. Units may enter composite teams of the same gender (‘hors concours’) but will only be eligible for Masters prizes.

f. Competitors for U23 male & female categories must be aged U23 on the day of the competition to be eligible to compete in these competitions.

5. All teams/individuals **MUST** complete team/individual sheets and send them to the Secretary, Maj (Retd) John Killoran by Fri 20 Sep 19 on **Fax no 94222 7094, or email** [**cmurton@ascb.uk.com**](mailto:cmurton@ascb.uk.com)**.**

**REPORTING AND BRIEFING**

6. The registration desk will open in the start and finish area from 1100 hours on Wed 25 Sep 19 and will close 30 minutes before the start of the race, by which time all Team Captains and Individuals should have reported.

a. Team Captains are to:

1) Collect running numbers and race information. Numbers will be allocated as per team lists submitted on the entry form.

2) Attend a course briefing which will be given 45 minutes before the start of the first race.

3) This event is a qualifying fixture to select runners for the Army squads to represent the service at the Inter Service Finals on the 27 Oct 19 in Leeds. Those selected will be notified by the respective Team captains.

**WALKING THE COURSE**

7. The course will be signposted by 1200 hours but due to the proposed route, only specific sections of the course will be opened for competitors to ‘walk the course’ between 1200 hours and 1330 hours.

**RESULTS**

8. EMIT-UK will be providing the electronic timing and producing the results. Electronic chips will be on the back of your running number - do not remove your number until after you have crossed the finish line finished because the position will not be recorded. If you would like your time sent to you via text message please provide your mobile number on the entry forms found at Annexes A and B. All results will be live on the EMIT-UK website [www.emit-uk.com](http://www.emit-uk.com) immediately after the race.

**ACCOMMODATION**

9. Due to being a training establishment, MOD Lyneham does not have surplus accommodation is order to facilitate sporting events. Therefore, teams or individuals will not be issued a non-avaliablity return from the site. The nearest military establishment to MOD Lyneham which may have accommodation is either 9 RLC Regiment, Hullavington or 29 RLC Regiment, South Cerney. Units requiring accommodation are responsible for making their own arrangements, including respective messes. Accommodation in both location is scarce and is allocated on a first come, first served policy, so early booking is advised.

**TRAVEL**

10. This letter is the authority for the individuals to travel at public expense to

this approved AAA competition, in accordance with JSP660 and **2019DIN10-025**. All travel arrangements are to be by the cheapest and most economical means and coordinated so as individuals travelling from the same or near unit locations travel together. Subsistence allowance claims are not admissible for sports and no claims for subsistence allowance should be made for this event.

11. The address for the event is:

MOD Lyneham

Lyneham

Chippenham

Wiltshire

SN15 4XX

**PUBLICITY**

12. Bdes PD Branches are requested to distribute the details of this event to units within their AOR and give this event the widest publicity.

**SECURITY**

13. Team captains are to ensure that all team members carry their MOD 90 cards. **NO ID – NO ENTRY.** Additionally, a list of athletes annotating name, rank and number should be made available for the security staff on arrival. MOD Lyenham always ensures strict security, be warned.

**PRIZES**

14. Prizes will be awarded as follows subject to number of competing teams within each category:

**Individuals:**

1st Medal

2nd Medal

**Team Championships:**

: 1st Team x Trophy and 4 Medals

2nd Team x 4 Medals

\*Minimum of 3 competing teams in a catergory.

**PHOTOGRAPHY/PERSONAL DATA**

15. During the event imagery (photographs, audio/videos, films) may be taken in order to publicise/advertise the activities of the Army Athletics Association through commercial, editorial, public relations, recruitment, on-line media and/or any other use that is not defamatory, libellous or otherwise unlawful. Individuals should be aware that they would have no claim of ownership of the imagery/audio and that they will not receive remuneration for its usage now, nor in the future and that the imagery/audio may be cropped, modified or altered, without stating an objection. Individuals that do not consent to the above are to make that fact known to the event organiser who will ensure that their image is not captured or used.

16. Personal date will be collected for this event in line with the Army Athletics Privacy Policy and will only be retained for 30 days after the event.

17. The results,image(s) and/or recording(s) will be stored securely in appropriate file formats on servers belonging to the ASCB and/or its authorised agents. Results and Images will be retained indefinitely for ASCB historical records.

18. You have the right to request any image or personal information relating to you removed at any time and this can be removed by contacting [media@ascb.uk.com](mailto:%20media@ascb.uk.com) or the undersigned.

**YOUR RIGHTS**

19. You have the right to request to see a copy of the information we hold about you and to request corrections or deletions of the information that is no longer required. You can ask the association to stop using your images at any time, in which case it will not be used in future publications but may continue to appear in publications already in circulation.

You have the right to lodge a complaint against the ASCB regarding data protection issues with the Information Commissioner’s Office (<https://ico.org.uk/concerns/>).

Original Signed

J Killoran

Maj (Retd)

Secretary AAA

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**ANNEX A**

**TO ATH/10KM/18**

**DATED 25 Jul 19**

#### ARMY ATHLETIC ASSOCIATION - TEAM ENTRY FORM

**ARMY 10KM CHAMPIONSHIPS 25 SEP 19**

**TO BE COMPLETED IN EVERY DETAIL**

To: The Secretary

Army Athletic Association

Mackenzie Building, Fox Lines

Queens Avenue, Aldershot,

Hants, GU11 2LB

ENTRY INTO EVENTS MAJOR UNIT ☐

MINOR UNIT ☐

FEMALE UNIT ☐

MASTERS TEAM ☐

FEMALE MASTERS TEAM ☐

MALE UNDER 23 TEAM ☐

FEMALE UNDER 23 TEAM ☐

UNIT NAME:…………………………………………

**TEAM LIST: Dates of birth must be given in each case.**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Number** | **Rank** | **Name** | **Ints** | **DOB** | **Age on Day** | **Mobile Number** |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

It is confirmed that the appropriate entry fees are enclosed.

Signed:……………………………………… Rank:……………………………………..

Unit:………………………………………………………………………………………….

Tel No:……………………………………… Dated:…………………………………….

**MUST BE RETURNED NO LATER THAN Fri 20Sep 19**

**FAX NO: 94222 7094 OR EMAIL** [**cmurton@ascb.uk.com**](mailto:cmurton@ascb.uk.com)

**ANNEX B**

**TO ATH/10KM/18**

**DATED 25 Jul 19**

#### ARMY ATHLETIC ASSOCIATION - INDIVIDUAL ENTRY FORM

**ARMY CROSS COUNTRY CHAMPIONSHIPS 25 SEP 19**

**TO BE COMPLETED IN EVERY DETAIL**

To: The Secretary

Army Athletic Association

Mackenzie Building, Fox Lines

Queens Avenue, Aldershot

Hants, GU11 2LB

ENTRY INTO EVENTS SENIOR MALE INDIVIDUAL ☐

SENIOR FEMALE INDIVIDUAL ☐

MASTERS MALE INDIVIDUAL ☐ ***Men over 40 Women over***

MASTERS FEMALE INDIVIDUAL ☐ ***35 on the day of the race***

UNIT NAME:………………………………………...

**Dates of birth must be given in each case**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Number** | **Rank** | **Name** | **Ints** | **DOB** | **Age on Day** | **Mobile Number** |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

It is confirmed that the appropriate entry fees are enclosed

Signed:……………………………………… Rank:……………………………………..

Unit:………………………………………………………………………………………….

Tel No:……………………………………… Dated:…………………………………….

**MUST BE RETURNED NO LATER THAN Fri 20Sep 18**

**FAX NO: 94222 7094 OR EMAIL** [**cmurton@ascb.uk.com**](mailto:cmurton@ascb.uk.com)